

## **REPORT**

### **Asthma Training Module (ATM) workshop**

Asthma Training Module (ATM) workshop was conducted at IMA House, Bhubaneswar on 5<sup>th</sup> March 2017. The resource persons were Prof Varinder Singh (LHMC New Delhi), Dr Atul Jindal (AIIMS Raipur), Dr Pravakar Mishra (MKCG Berhampur), and Dr Rashmi Ranjan Das (AIIMS Bhubaneswar). This workshop was a collaborative effort of IAP Odisha branch and IAP Respiratory chapter with Dr Rashmi Ranjan Das being the local co-ordinator of the workshop along with the help from Dr Prasant Saboth, Secretary IAP Odisha Branch. The workshop was attended by around 67 participants that included students, paediatricians, and faculties from medical colleges of the state.

The workshop started with the welcome speech by Dr Prasant Saboth. This included floral welcome of the resource persons and participants, lighting of the lamp, and description of the plan of the day. This was followed by address by an eminent paediatrician Dr S S Mohapatra.

The workshop was started with the first scientific talk by Prof Varinder Singh on Introduction to ATM and diagnosis of asthma. In his talk Prof Singh emphasized about the major revisions in the childhood asthma diagnosis and management. Dr Pravakar Mishra discussed about asthma mimickers and co-morbidities, initiation of therapy in childhood asthma and wheezing (episodic and multi-trigger) cases. Dr Rashmi Ranjan Das discussed in detail about under-five wheezing including approach and management, reassessment of therapy in diagnosed of childhood asthma cases, managing co-morbidities in childhood asthma and special situations including exercise asthma/bronchoconstriction, GERD, allergic rhinitis, obesity and adenoid hypertrophy. Dr Atul Jindal discussed about drugs and devices in long-term asthma management, and acute asthma management. All the talks were well perceived by the august audience and there was a good discussion in between. All the queries put forward by the participants were well addressed by the resource persons as they were well prepared for them. This was followed by video demonstration of inhalation technique (Meter dose inhaler [MDI], Dry powder inhalation [DPI], nebulisation), spirometry and PEF. After this, there was hands-on session on Meter dose inhaler [MDI], Dry powder inhalation [DPI], nebulisation, Spirometry and PEF.

After the end of the scientific session, vote of thanks was given by Dr Asutosh Mohapatra, Secretary, NNF Odisha State Branch. The day was completed by felicitation of the resource persons especially Prof Varinder Singh and Dr Atul Jindal who travel a long distance to grace the occasion followed by distribution of certificates to the participants. The workshop was concluded at 5.30pm.

Overall the workshop was a very successful one.

**Dr. Prasant Kumar Saboth,  
Secretary,  
IAP Odisha State Branch**

**Dr Rashmi Ranjan Das  
Co-ordinator  
Asthma Training Module**